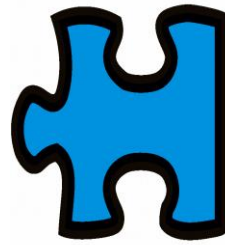


# Health & Social Care Update



GWENT  
ASSOCIATION OF  
VOLUNTARY  
ORGANISATIONS

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Issue 8 – February 2011

## Measuring National Well-Being – What matters to you?

The Office of National Statistics is currently running a consultation on ways of measuring national well-being. These new measures will complement existing economic data, such as GDP, to provide a more complete picture of life in the UK and meet public and policy needs.

The National Well-being Project aims to provide a fuller picture of 'how society is doing' than is given by economic indicators such as GDP. Understanding economic performance is important, but there is also a need to look at broader measures such as 'quality-of-life' indicators, and the impact that progress has on the environment.

The most reliable measures will include the elements of life that matter to people most, which is why the Office for National Statistics (ONS) is conducting a national debate to find out what these are.

Currently some of the main themes coming through are:

- Children and the future, people are concerned about the quality of life their children will have through to adulthood
- Freedom
- Equality and fairness
- Health
- Job security
- Spirituality/faith/religion
- The importance of a good quality local environment, especially having access to green spaces.

The national debate will run until April 2011, and the findings will inform the development of the measures that will be used to track the nation's well-being.

You can take part in the debate by calling 0845 601 5075, or follow on twitter at:

[www.twitter.com/statisticsONS](http://www.twitter.com/statisticsONS) or by

visiting [www.ons.gov.uk/well-being](http://www.ons.gov.uk/well-being).

If you would like further information, contact Alex Cooke on 01633 456356 or email [alex.cooke@ons.gsi.gov.uk](mailto:alex.cooke@ons.gsi.gov.uk)

social care  
institute for excellence



## Personalisation, Productivity, Efficiency Report 37

SCIE is an independent charity, funded by the Department of Health and the devolved administrations in Wales and Northern Ireland. SCIE identifies and disseminates the knowledge base for good practice in all aspects of social care throughout the United Kingdom.

Only by understanding what works in practice - and what does not - can services be improved, and the status of the workforce be raised.

There are a number of useful tools and resources available. The above publication focuses on the potential for personalisation, particularly self-directed support and personal budgets, to contribute to cost-efficiencies and improved productivity as well as improved care and support.

<http://www.scie.org.uk/publications/index.asp>

***Do you want to raise awareness of upcoming events? Do you want to raise your profile?***

To ensure your group, organisation, news or event is featured in future issues contact Susanne Maddax; mailto [susanne.maddax@gavowales.org.uk](mailto:susanne.maddax@gavowales.org.uk) or telephone 01443 863540



INVESTOR IN PEOPLE



## Training & Resources

### British Deaf Association-New BSL Training Courses for 2011

The BDA are now running a number of BSL courses throughout February and March 2011. Here will now be a 'no exam' option (no certificate will be awarded). Courses are held at the BDA offices but can also be arranged for delivery in the workplace if enough learners from a particular organisation express an interest. BSL taster courses are £15.00 per person, an introduction to BSL, a 10 week course of 2 hours per week is £85.00 per person and deaf equality training is £40.00 per person. Please contact Paul Leonard [pauill@bda.org.uk](mailto:pauill@bda.org.uk) for more information or telephone Paul on 0845 1302851, textphone 0845 1302853, or fax 0845 1302852.

### Free and Confidential Occupational Health Advice Line Launched.

The **Health at Work Advice Line Wales** provides employers and GPs across Wales with the opportunity to speak to trained professionals about any occupational, physical or mental health issues they may encounter in the workplace or with their patients. Advice is available on occupational health monitoring, screening and surveillance as well as lifestyle and well-being issues, absence management and rehabilitation. The Health at Work Advice Line Wales is open 24 hours a day with qualified advisers available between 9 and 5 on weekdays. Outside of these hours a call-back service operates. All calls are completely confidential. Information on the Advice Line and other related services is available at [www.healthyworkingwales.com](http://www.healthyworkingwales.com) call **0800 107 0900**.

### Benefit Reforms

A wide range of vulnerable people will face changes in their benefits which will be reassessed by Jobcentre Plus and Work Capability Assessment Interviews will be carried out to determine whether a person is entitled to Employment and Support Allowance or another type of benefit e.g. Job seekers Allowance. All the information related to these proposed changes can be found at the following links:

<http://www.direct.gov.uk/en/DisabledPeople/FinancialSupport/esa/index.htm>

<http://www.direct.gov.uk/ibchanges>

<http://www.dwp.gov.uk/healthcare%2Dprofessional/news/>

<http://www.dwp.gov.uk/adviser/updates/ib-reassessing-claims/>

### Free Self Management Training

Where-Cardiff City Centre (venue to be confirmed)

Date & Time-25<sup>th</sup>-27<sup>th</sup> February, 10.00am-4.30pm (includes lunch)

The MDF Bipolar Organisation is working with the Mental Health Foundation to deliver the 3 day training funded by the Big Lottery.

The training course is specifically for people with a diagnosis of Bipolar. By the end of the course participants will gain confidence in their own capability to take control of the illness and develop alertness to mood variation. The topics covered include examining the nature and impact of bipolar, identifying triggers and warning signs, coping strategies, medication, support networks, actions plans, advance agreements, talking therapies, complementary therapies and maintaining a healthy lifestyle. For more information please contact **Michael Grinter**, on 020 7793 2620 or e mail [michael@mdf.org.uk](mailto:michael@mdf.org.uk)



## Funding

### Heart Research UK - Healthy Heart Grants

Heart Research UK's [Healthy Heart Grants scheme](#) supports innovative projects designed to promote heart health and to prevent or reduce the risks of heart disease in specific groups or communities. Applications are accepted from community groups, voluntary organisations and researchers in the UK. Grants of up to £10,000 are available and are for heart health projects only, not general healthy lifestyle projects. Applications can be submitted during January and February, with a closing date of 28 February 2011.



## **Big Lottery-BIG Innovation Grants Programme**

Over the next three years, BIG will make grants of between £20,000 and £1 million through the BIG Innovation programme. BIG is interested in applications from a broad range of sectors and organisations to allow the most innovative ideas to be identified and funded.

BIG want to fund projects that test new ways of tackling emerging and existing social problems. They are interested in applications from a broad range of sectors and organisations to allow the best, *most innovative* ideas, to be identified and funded. By innovative, BIG mean projects that:

- create new kinds of activity and service to tackle new or emerging social needs
- create new ways of addressing a current social problem.

BIG consider an idea as being 'new' if it hasn't been tried anywhere else in the UK.

The deadline for receipt of applications for Round 1 Stage 1 is 21 February 2011.

[http://www.biglotteryfund.org.uk/prog\\_big\\_innovation](http://www.biglotteryfund.org.uk/prog_big_innovation)

## **LankellyChase Foundation-Local People, Local Places Programme**

The Chase Charity and the Lankelly Foundation were established through the generosity of two separate entrepreneurs. The Chase Charity was founded in 1962 and the Lankelly Foundation six years later. After many years of working together, in 2005 the two Trusts resolved that they should take the next natural step and amalgamate to form the LankellyChase Foundation.

The foundation to engage with organisations by providing strategic support which may involve the funding of key posts or underpinning core costs and therefore invite applications from organisations that are:

- Community controlled and managed
- Responsive to the needs of all sections of their community
- Developing funding strategies which move towards greater sustainability

The programme aims to:

- Support local organisations to achieve lasting positive social change and to set clear outcomes to measure the impact on communities.
- Encourage new and sustained investment to ensure that local people do not remain on the margins of society and have every opportunity to participate in decisions that affect their lives.
- Enable organisations to have their voices heard and influence the development of policies that have an impact on communities.
- Develop the strengths and abilities of the people working within local organisations and to encourage partnership working with other voluntary and statutory agencies.

**Revenue grants:** It is likely that any initial grant will be restricted to 3 years with a review to consider extending support dependent upon the progress made to achieve the agreed outcomes established in the initial application. On average revenue grants of up to £50,000 over three years are available. For more information go to <http://www.lankellychase.org.uk/>. There are no deadlines for applications.

## **Consultations, Research & Development**

### **Little Progress Made in Improving Housing Services for Mental Health Needs'**

A Wales Audit Office review finds little progress has been made in improving the planning and delivery of housing services for people with mental health needs, since a review carried out in 2005. That is the conclusion of a report, published by the Auditor General for Wales. The Assembly Government's monitoring against the delivery of its housing targets has also been ineffective. A copy of the latest report can be found at

[http://www.wao.gov.uk/assets/englishdocuments/Housing\\_Mental\\_Health\\_eng\\_web.pdf](http://www.wao.gov.uk/assets/englishdocuments/Housing_Mental_Health_eng_web.pdf)

## **Dementia Developments**

Local Health Boards in Wales have submitted proposals for the establishment of new Dementia Co-ordinator posts with older people and a new Young Onset Dementia Service in their area and approval letters have now been issued. Each Local Health Board will now take forward implementation of this new service in their area. A Wales Dementia Helpline (also bilingual) is available 24 hours a day, 7 days a week, 365 days a year. The helpline offers emotional support to service users carers and families and friends of people with dementia. There is also a dedicated text messaging service. For more information visit: [www.dementiahelpline.org.uk](http://www.dementiahelpline.org.uk)

The past months have brought changes to the lives of disabled people and their families - cuts to services, large scale reform of benefits, all threaten to have a huge impact on carers' lives. This is why your help is needed to make the case for a better deal for carers.

Carers UK is conducting a major new research survey to examine the State of Caring in the UK. They need evidence on the impact of caring for ill, frail or disabled loved-ones on carers' health, wellbeing, careers and finances. Please signpost those people who may be interested fill to the online survey to capture experiences of caring at [www.surveymonkey.com/stateofcaring](http://www.surveymonkey.com/stateofcaring)

Nearly 1,500 carers in the UK (about 150 from Wales) have already completed the survey, but we need as many as we can to make headlines! Your answers will help give us the evidence to fight reforms to benefits and get a better deal for disabled people and carers on a local and national level. For more information about the survey please contact Beth Evans Information and Communications Officer, Tel/Ffon: 029 2081 1370 Fax/Ffacs: 029 2081 1575, or visit the website: [www.carersuk.org](http://www.carersuk.org)

### **Mental Health (Wales) Measure 2010**

The National Assembly for Wales passed the Mental Health (Wales) Measure in November, and it received Royal Approval on 15 December 2010. This Measure will now be brought into force incrementally from next year. The Measure is concerned with:

- Local primary mental health support services;
- Care coordination and care and treatment planning within secondary mental health services;
- Assessment of former users of secondary mental health services;
- Independent Mental Health Advocacy.

The Welsh Assembly Government is currently developing subordinate legislation to be made under this Measure, and consultation on this will take place in the spring. The pre-implementation delivery programme has also begun, and further information is available from the Mental Health Legislation Team by emailing: [mentalhealthandvulnerablegroups@wales.gsi.gov.uk](mailto:mentalhealthandvulnerablegroups@wales.gsi.gov.uk)

### **The Effects of Aromatherapy Inhalation on Depression**

Journeys is looking for 24 volunteers to participate in a 1 week-long study run by *Fiona Richards*, a student at UWIC, aiming to determine whether Aromatherapy Inhalation is a benefit for those with depression by measuring the perceived effects of the inhalation of an aromatherapy oil on mild depression. If you know someone who might wish to take part in such a study please contact Fiona (contact details below). Participants will be required to attend a 15 minute interview with *Fiona* to determine suitability as there are certain eligibility criteria to be fulfilled. If accepted into the study a diary will need to be kept by participants. Places in this study will be allocated on a first come first served basis and participants are free to withdraw at any time and all data collected will be strictly confidential and anonymity is assured at all times with the use of codes in place of participant's names.

If you are interested in participating in this study **please email [jenny@journeysonline.org.uk](mailto:jenny@journeysonline.org.uk) or call us on 02920 692891** and we can set up the initial interview.

### **New Research Project to Begin: Mental Health Workforce in Wales**

A new research project, led by the Skills Sector Council **Skills for Health**, is about to commence to examine the mental health workforce in Wales. As part of the work a detailed examination of specialist substance misuse services in Wales will be undertaken.

Sarah Lamberton, National Health and Social Care Facilitator, WCVA is a member of the project's Virtual Reference Group and will support Skills for Health to access third sector Mental Health service providers and organisations across Wales to take part in the research. For further information please call Sarah on 029 2043 1712

## The Contribution of the Third Sector in Managing Complex Care Needs

The National Programme Board has been developing a report that identifies the added value and role of third sector organisations in managing people with complex or enduring care needs, especially in community settings. Third Sector organisations can often provide a more flexible and responsive service, with services and schemes in place that provide a broad spectrum of support, from promoting independence through to direct care provision in community settings to those with complex care needs.

Third Sector representatives have been heavily involved in the drafting and development of the report. A key part of the report will be examples of services and schemes provided by third sector organisations that are in place across Wales. These examples range from the role of volunteers in helping people with small but essential day to day actions to schemes that provide complex and intensive community based support.

The final report is due to be available by the end of February, and will be widely circulated and promoted following this. A themed Complex Care Forum later in the spring will focus on Third Sector inputs and demonstrate the range of inputs provided. Additional information can be obtained from Gaynor Williams, Programme Director [Gaynor.williams@wales.nhs.uk](mailto:Gaynor.williams@wales.nhs.uk)

## Resolving Workplace Disputes- Employment Law Consultation



This consultation, conducted by the Department for Business, Skills & Innovation (BIS) and the Ministry of Justice's Tribunals Service, is a significant first step in taking forward the Government's review of employment law.

The Government is seeking views on measures to:

- achieve more early resolution of workplace disputes so that parties can resolve their own problems, in a way that is fair and equitable for both sides, without having to go to an employment tribunal
- ensure that, where parties do need to come to an employment tribunal, the process is as swift, user-friendly and effective as possible; and help businesses and social enterprises feel more confident about hiring people

<http://www.bis.gov.uk/Consultations/resolving-workplace-disputes?cat=open>

## Wales Mental Health Promotion Newsletter

The next edition of 'Mental Health Promotion Wales' the quarterly newsletter for the All Wales Mental Health Promotion Network is currently being completed. Marie Griffiths would like to take the opportunity to invite you to forward your contributions. Please send details of any interventions, initiatives or programmes you are involved in! Please also let Marie know of any forthcoming events you would like to promote in the next newsletter which will be distributed in **March**.

Please forward your contributions by **Monday 21 February 2011**. Articles can be approximately 150-300 words in length and any photos or logos (with permission to print) will also be gratefully received. For more information or to forward contributions please contact **Marie Griffiths** Tel: (029) 2022 7744 or alternatively Email: [Marie.Griffiths2@wales.nhs.uk](mailto:Marie.Griffiths2@wales.nhs.uk)

## Welsh Assembly Consultation on-the National Assistance Act 1948 (Choice of Accommodation) Directions 1993-Supplementary Guidance

The 1948 Act gives local authorities responsibility for making placements in residential or nursing homes where a person has been assessed as being in need of such accommodation. The National Assistance Act 1948 (Choice of Accommodation) Directions 1993 provide that if an individual expresses a preference for particular accommodation the local authority has a responsibility to arrange it, subject to certain conditions in respect of suitability, cost, availability and the authority's usual terms and conditions.

The Welsh Assembly Government has decided to consult on a review of the 2004 guidance to ensure consistency in the application of the directions and so avoid delays in the transfer of patients from hospital to the next stage of care. The original 2004 guidance can be viewed at:

<http://wales.gov.uk/publications/circular/circulars04/NAFWC462004?lang=en>

It is proposed to **supplement** the existing 2004 guidance with further guidance relating specifically to

the procedures applied where a patient is being discharged from hospital to a care setting. a proposed draft new draft leaflet for patients, friends, carers, families and advocacy and other third sector organisations supporting specific client groups and vulnerable people is included at annex A .

The supplementary Guidance covers the following:

- Moving from hospital into a care home
- Discharge planning and processes
- Mental capacity
- Refusal to engage
- Interim placements
- Disputes
- Funding considerations
- Flow chart of the process step by step and a discharge protocol template

The new draft guidance can be viewed on the Welsh Assembly Government website under open consultations Health and Social Care or go to the following link:

<http://wales.gov.uk/consultations/healthsocialcare/supplementary/?lang=en>

Please submit your comments by 25 March 2011, in any of the following ways: Online form, Email [choiceguidancesupplement@wales.gsi.gov.uk](mailto:choiceguidancesupplement@wales.gsi.gov.uk) or by post to: Steve Vaughan Adult Social Services Policy Division Welsh Assembly Government Cathays Park Cardiff CF10 3NQ. If you require hardcopy or alternative accessible version i.e. Braille, large print, other languages please contact the publications team Tel: 029 2082 3683, Fax: 029 2082 5239, or by E-mail to:

[wag-en@mailuk.custhelp.com](mailto:wag-en@mailuk.custhelp.com)

## Legislation and Regulation News

### Judicial Review Success for Third Sector Challenge

London Councils must rerun a consultation on cuts of up to £16.5m to a voluntary sector grants programme, after a High Court judge ruled the original exercise failed to meet statutory equality duties. London Councils, which represents the capital's 33 local authorities, decided in December to repatriate funds from its £26m grants programme, to individual councils, meaning they would be free to spend the money as they chose. It would have meant the scheme falling in value to £17.6m in 2011/12 and to £9.9m the following year if no new funding was found.

A judicial review brought by service users from one of the 200-plus charities that would have been affected by the move found in the charities' favour. Mr. Justice Calvert-Smith ruled that London Councils' consultation process was flawed and that it failed to meet statutory equality duties. The judge quashed all of the cuts and ruled that London Councils must rerun the consultation process with full impact equality assessments. For more information go to [www.lvsc.org.uk](http://www.lvsc.org.uk) and click on voluntary sector forum and the article can be viewed along with the full adjudication and documents containing the categorisation exercise for commissioning and decommissioning that was at the heart of the matter. The High Court Judge criticised the London Council for not playing proper heed to the Equalities legislation when carrying out their activities and decision making.

### Care Council for Wales-Podcasts

The Welsh Assembly Government has indicated that managers of adult care homes must be now be registered with the Care Council for Wales. Anyone who manages such homes will have to be registered with the Care Council by 1 June 2011, but they need to take action now to ensure their application is processed in good time. They should send their completed application, fee and verified documents to the Care Council as soon as possible, and by 1 March at the latest. To answer any questions, the Care Council has a Podcast feature on the website where you can listen to, or download the Care Council's podcasts on a range of topics. A Podcast on the new registration and qualification framework requirements are available now.

To find out more go to <http://www.ccwales.org.uk/news-and-events/podcasts>



## Dates for the Diary

### 'Simply The Best'-Volunteering Conference

A conference will be held on March 9<sup>th</sup> 2011 at the Novotel Cardiff organised by the South Wales Volunteering Forum. The keynote speaker will be Nick Ockenden, Director For Volunteering Research. The delegate fee is £75.00 to include a sit down lunch and refreshments. Bursaries are available for small voluntary organizations. To book a place, visit [www.regionline.co.uk/SWVF\\_2011](http://www.regionline.co.uk/SWVF_2011) or contact Emma Roberts, on 02920 353000 for more information.



### Rural Support Wales-Conference

Venue-Royal Welsh Showground Builth Wells Powys

Date & Time-Tues 8<sup>th</sup> March 2011 9.45am-3.30pm

The current phase of funding for the Rural Support Wales initiative is coming to an end. This conference provides the opportunity to share the learning gained throughout the life of the programme. The keynote speaker will be Gordon Gatward OBE, the Director of the Arthur Rank Centre. The attendance fee is £10 (to cover lunch and refreshments). For more information and to book contact Helen Porter 01686 650800 or e mail [helenp@irh.ac.uk](mailto:helenp@irh.ac.uk)



### 'Think Family' Event March 16<sup>th</sup> 2011 Llancaiach Fawr Manor Nelson



This is a free event to explore, with professionals, communities and individuals, how mental health affects families. The aim of the conference will be:

- To hear what children need from mental health services
- Raise awareness of parental mental health issues
- To assist understanding of what it is like to be part of a family where a family member has a mental health condition
- Provide an opportunity to find out about the prevention support available for families.

There will be a number of speakers including Keith Towler the Children's Commissioner for Wales and a variety of workshops and digital stories developed with children and their families.

For more information please contact Aneurin Bevan Health Board on 01443 241200 and ask to speak to Anna Morgan, Health Promotion Officer, Public Health Team.

### VOLUMNE Network Meeting

The next Volume meeting will be 3<sup>rd</sup> March, 9.30am – 1.30pm Llancaiach Fawr Manor Nelson. Caerphilly County Borough Partners are currently consulting on the Draft Caerphilly Children & Young People's Plan 2011-14. Kim Jones coordinator for the Volume Voluntary Sector Network is arranging a consultation session for the voluntary sector on the draft document. If anyone would like to attend can they please email [kim.jones@gavowales.org.uk](mailto:kim.jones@gavowales.org.uk) or telephone 01443 863540.

### Epilepsy Wales arrange Q&A's with AM's

Venue-The Neuadd Welsh Assembly Government Cardiff Bay

Date & Time-30<sup>th</sup> March 2011, 12.00-1.30pm.

Epilepsy Wales in partnership with the All Wales Epilepsy Forum are arranging an opportunity to put questions to Assembly Members on the support and services available for; people affected by epilepsy, their families, carers, friends and neighbours. For more information please contact **Lesley Morris** Coordinator Epilepsy Wales *E-mail* [epilepsywales@aol.com](mailto:epilepsywales@aol.com) *Telephone/Fax:* 029 2075 5515 *Web:* [www.epilepsy-wales.org.uk](http://www.epilepsy-wales.org.uk)



## Consultation Days- Assembly Ministers Make Regulations in Connection New Mental Health (Wales) Measure

The Welsh Assembly Government will be opening a consultation programme on three sets of Regulations to be made in connection with, the Mental Health (Wales) Measure 2010. The Regulations will be concerned with –

- **Care coordination and care and treatment planning in secondary mental health services**
- **Assessments for former users of secondary mental health services**
- **Independent mental health advocacy**

To support the consultation programme, the Welsh Assembly Government will be running a number of events, where you will be able to share your views on the proposals. These free events will be held across Wales and will take place in March 2011 (numbers are limited so please book early).

<i>Events particularly for service users and carers</i>	Venue	<i>Events that are open to all are being held on:</i>	Venue
<b>7 March –</b>	Wales Millennium Centre, Cardiff	<b>10 March</b>	WAG offices, Merthyr Tydfil
<b>11 March</b>	Dylan Thomas Centre, Swansea	<b>16 March</b>	The Assembly Rooms, Llandudno
<b>17 March</b>	Management Centre, Bangor	<b>18 March</b>	WAG offices, Aberystwyth
<b>23 March</b>	Town Library, Haverfordwest	<b>24 March</b>	Hill House, Carmarthen
<b>1 April</b>	AVOW, Wrexham	<b>28 March</b>	ECM2, Port Talbot
		<b>30 March</b>	Glyndwr University, Wrexham

For more information or to book please contact the Mental Health Legislation team on [mentalhealthandvulnerablegroups@wales.gsi.gov.uk](mailto:mentalhealthandvulnerablegroups@wales.gsi.gov.uk) , telephone 029 2080 1470 or 029 2080 3480.



### Caerphilly Supporting People Sensory Impairment Service

This service provides home-based support for anyone with sight loss or hearing difficulties. It does not matter whether an individual is registered with the local authority or not. Sight Support aims to prevent the problems that can lead to hospitalisation, residential care or homelessness.

#### **How to get in touch with Sight Support**

You can contact Sight Support via the details below at any time. But in many cases it will be a family member or carer, a health visitor or social worker that will make the referral. Sight Support can arrange home visits.

#### **Service-user Involvement**

Sight Support are always pleased to hear from service users who have suggestions on how the service could be improved and hold regular consultation group meetings with users that meets in Caerphilly and if you know someone would like to be part of this process please contact Sight Support on 01495 763650 or send an e-mail to [postman@sightsupport.org.uk](mailto:postman@sightsupport.org.uk)

