



The VOLuntary network for you & ME, for organisations working with 0-25 year olds in Caerphilly

VOLUME Newsletter

August 2011



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August Update



Inside this issue:

Update	1
CYPP Updates	2
Funding	3
Information	4
Information	5
Information	6
Your page	7

Dear Network

Summer holidays are nearly over with the start of the autumn term looming. I hope you all had a good August whether in work or away.

The network has been fairly quite with meetings getting underway again in September. **The next Volume Network Meeting is organised for 13th September at St Margaret's Park. Please let me know if you will be attending.** I know many of you have been extremely busy working on tendering applications for the Family First Commissioning process and deadlines are fast approaching. I wish everyone success in their selected tenders and appreciate all the hard work and effort that has gone into this challenging process. I think it would be helpful to use some time at the Network Meeting in December to look at the issues organisations faced and how they overcame problems and lessons learnt. We can then feed some key points back to the Children & Young People's Partnership via our reps.

The work of the subgroups has continued through the summer with some important developments coming from the Safeguarding Subgroup. This will be the main theme of the Network Meeting in September which will look at Vetting & Barring, barriers to referring, safe recruitment and child protection policies and more. Members of the subgroup will be on hand during the morning.

And finally I would like to welcome Ross Thomas, as you are aware I am now working in Blaenau Gwent and Ross is helping to support my role in Caerphilly. It will be great for him to meet everyone over the next few months and understand the important work that goes on in the voluntary sector supporting children, young people and their families. If you have time to arrange for him to come out and visit your project please email so we can organise a convenient time.

Kim Jones
Children Young People and Families
Voluntary Sector Involvement Officer

PS: This month's picture is just to remind us what Summer is meant to be like!!!



Core Aim Group Updates

Core Aim 1—Melanie Snowden

Core Aim 2—Dave Brunton

Core Aim 3— Leah Salter

Core Aim 4—Nicci Gill

Core Aim 5—Sian Northey

Core Aim 6—Lynne Meghji

Core Aim 7— Dave Brunton

CYPP Board

Reps Dave Brunton, Jill Lubienski and Ann Fritter

VOLUME Steering Group

Voluntary Sector Liaison Committee—Reps Melanie Snowden & Dave Brunton



CAERPHILLY ONE BEAT—OCTOBER 2011

It is that time of year again when preparations are underway for the Caerphilly 'One Beat' event, being held on Saturday 22 October at Ty Penallta. Organisations who have yet to fill out the form can get an application by emailing barrel@caerphilly.gov.uk



Funding Information

If you require any help or further information regarding grants and funding please contact GAVO on 01443 863540 and speak to Sandra Davies or one of the Development Officer who will be happy to help you.

NatWest CommunityForce offers grants of up to £6,000

NatWest has launched CommunityForce, a platform that gives charities, projects and groups the opportunity to receive a grant of up to £6,000. In addition, it can help these organisations promote their work and attract volunteers from among NatWest staff and the general public. Most local charities, projects or groups can apply to be considered for CommunityForce. Applications must be submitted by 4 September, and public voting on the projects opens on 26 September 2011. Further details are available from <http://communityforce.natwest.com>

(Source: UK Fundraising Weekly, 28/7/11)

e-Learning Foundation – Home Access Awards

The Home Access Awards aim to recognise and reward excellence in leadership and showcase initiatives and projects that have been set up to provide disadvantaged children across the UK with access to technology for use, when and where they require it, for their studies. Any school in the UK are eligible to enter. There are seven award categories. Entry forms are available on the Home Access Awards website. The closing date is 13 October 2011.

(Source: *Grantfinder Newsflash*, 4/8/11)

BBC Children in Need Small Grants

BBC Children in Need know there are thousands of organisations doing fantastic work for disadvantaged children and young people in their local communities who could put a small grant from BBC Children in Need to excellent use. The Small Grants programme awards grants of £10,000 or less per year and can be made for a maximum of three years. Grants are made to not-for-profit organisations working to make a positive difference to the lives of disadvantaged children and young people in the UK. You can apply at any time and application deadlines are: 15 October 2011. All applications must be submitted online via www.bbc.co.uk/pudsey.



The One Million Person Sharing Plan for Wales

Bid & Borrow had been awarded £10,000 to launch The One Million Person Sharing Plan for Wales. The One Million Person Sharing Plan is the first of its kind; a leading edge sustainable plan owned and led by communities. The project is supported by the Welsh Government's Department for Environment, Sustainability and Housing, and will enable communities to share existing resources aimed at changing consumer behaviour forever. The plan encourages people to share un-used items in their homes, lofts or garages such as a bike, breadmaker or tent either for free or for a fee. It also aims to target schools and businesses to share meeting rooms, projectors or perhaps a school bus. This re-use of existing resources reduces manufacturing, waste and landfill while enhancing community relations as neighbours and organisations connect through sharing. For further information please visit: <http://www.bidandborrow.com>

Welsh retailers urged to give plastic bag revenue to 'good causes'

The Welsh Government is urging retailers to give the income they receive from charging customers for carrier bags to good causes. The [Single Use Carrier Bags Charge \(Wales\) Regulations 2010](#), which will come into force in Wales in October, say that a retailer 'must charge a minimum of 5 pence for every single-use carrier bag supplied new'. A spokeswoman for the Welsh Government said it estimated this could raise between £2m and £3m for good causes in the first year. There is no legislation in place to force shops to give the money to charities, but separate guidance about the legislation says: 'We can't tell you what to do with the money, but we want it to be passed on to good causes in Wales, particularly environmental projects.' The spokeswoman said the government had asked shops to give the proceeds to good causes on a voluntary basis, but if they did not comply it would consider introducing further legislation that would force them to do so.

(Source: *Third Sector Daily*, 4/8/11)

INFORMATION...

YSBYTY YSTRAD FAWR BULLETIN

The brand new hospital is set for completion at the end of September, opening to the public in November. Volume Network members can keep up to date with its progress, complete with information on road closures and any potential disruption around the site, by reading the latest Bulletin from the project, available at: <http://www.wales.nhs.uk/sitesplus/866/news/19860>

CHILDREN & YOUNG PEOPLE'S WELLBEING MONITOR FOR WALES 2011

The new electronic publication of the 2011 Children and Young People's Wellbeing Monitor for Wales gives a range of information and research on children and young people's wellbeing. Wellbeing indicators are reported at an all-Wales level and this second edition is beginning to put in place a series of data on children and young people's wellbeing which can be used to track changes and trends over time. To access this 2011 Wellbeing Monitor together with the previous Monitor from 2008, click [HERE](#)

CHILDREN IN WALES THIRD SECTOR CONFERENCE—SEPTEMBER 2011

Llandrindod Wells will be the base for Children in Wales' conference on 23 September, the theme being 'Maintaining a Third Sector Delivery for Children and Families in Wales'. More information can be gleaned from the [Children in Wales](#) website or by e-mailing Sarah Thomas directly at Sarah.Thomas@Childreninwales.org.uk

K.I.M. (KEEP IN MIND) LEAFLETS FOR HOME SAFETY

Children in Wales are providing good guidance and easy-to-remember prevention advice in their new, shiny 'Keep in Mind' (KIM) leaflets. Available on their website and to order in hardcopy too, they can be accessed by logging onto [this part](#) of the Children in Wales website.

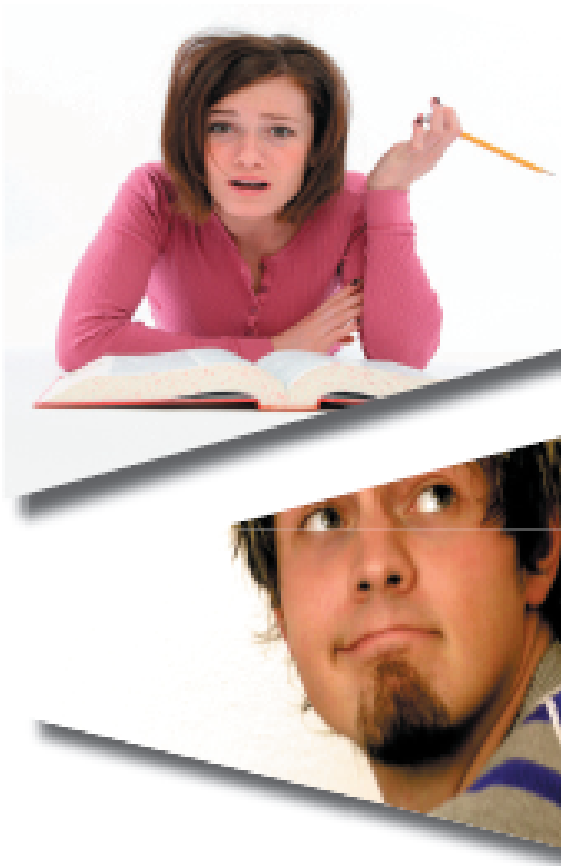
There are also other common safety leaflets readily available via free download or to order directly from Children in Wales.



Produced by Children in Wales and supported by the Welsh Assembly Government
www.childreninwales.org.uk

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K.I.M. Keep In Mind.		Every year in Wales, over 15,000 children aged between 0-5 years attend A&E because of an accident at home. This table summarises addresses those accidents that are more likely to cause fatal, serious and disabling injuries.	
Reducing Home Accidents for Children aged 0-5 years			
FALLS	Stairs	Safety gate: Securely fitted at top and bottom. Use properly, keep closed and no climbing over. 24 months: Remove when youngest child is 24 months old. Children reaching 24 months should be taught to use the stairs safely and under supervision.	
	Windows	Furniture: Remove from underneath upstairs windows. Window sills: No toys, games or ladders. Window restrictors: Fit to upstairs windows and always use them. Restrictors should be keyless, allowing them to be opened easily in an emergency.	
	High chairs	Harness: Use a securely fitted 4 point harness. Some highchairs only have a lap strap, this is not enough to reduce the risk of injury.	
	Baby bouncers	Supervision: Even with a harness, supervision is necessary at all times. Safe places: Put the bouncer on the floor. Never on a raised surface. Supervision: Always supervise baby, even if they are asleep in the bouncer.	
SCALDS	Hot drinks	A hot drink can scald a child even after 20 minutes. Drinking: When drinking a cuppa, never hold a baby or a child. Reach: Keep hot drinks away from the table's edge and out of reach of children.	
	Baths	Most scald injuries happen when children are unsupervised. Supervision: When running a bath, run cold water first and supervise children at all times. Temperature: Check the water temperature with your elbow.	
BURNS	Kitchen Fire guard Hair straighteners	Kitchen: Keep children out of the kitchen when cooking. Fire guard: Securely fix and use guards on all fires and heaters. Hair straighteners: Keep out of reach of children.	
POISONS	Storage	Storage: Keep all medications, ointments and cleaning products in the kitchen, NOT in the bathroom. Cupboard restrictor: Put poisons in a high cupboard, out of sight and out of reach. Use a cupboard restrictor. Handbags: If medicines are carried in handbags, keep them out of reach of children. This includes grandparents and visitors.	
SUFFOCATION	Blind cords	Can cause fatal and disabling injuries. Loops: Tie up looped blind cords, keeping them out of reach. Use a cleat hook. Where possible, avoid buying looped mechanisms.	
BABY WALKERS	Injuries	Discourage the use of baby walkers. Injuries: They are associated with many types of injuries, including falls, and scalds. 1 in 3 children will be injured whilst using their walker.	
	Development	Development: Babies who use walkers show a 12% lower score on their physical and mental development.	
FIRE	Burns	Smoke detector: Properly fitted and maintained. One on each floor. Test it weekly. Fire escape route: Know it and practice it. Routine: Establish a safe night time routine - turn off sockets, guard fires, close doors, extinguish candles and cigarettes. Book a FREE home fire safety check with the Fire and Rescue Service by phoning 0800 169 1234.	



Want to
work?

Want
qualifications?

Don't know
what to
do?



Come and talk to us
- find out what we can offer

**Gain skills and qualifications that can
lead to work opportunities – FREE**

Come along to The Twyn Community Centre, Twyn
Square, Caerphilly, CF83 1JL every Monday 10am
- 1pm (from 05.09.11) to have a chat about how
we can help.

For more information, phone Clybiau Plant Cymru Kids' Clubs
on the number below and ask to talk about Go Caerphilly.

029 2074 1000

gateway@clybiauplantcymru.org

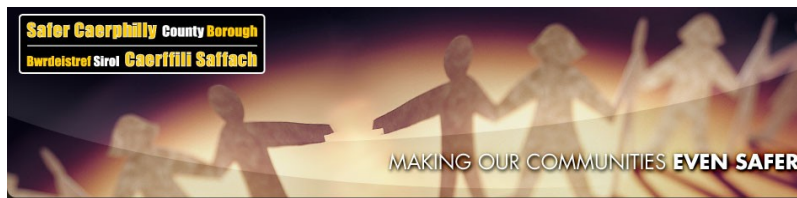
Working in partnership with:



Go Caerphilly
Ymlaen Caerffili



Registered Office: Clybiau Plant Cymru Kids' Clubs,
Bridge House, 204/204 Road, Llanidloes, Caerffili, CF14 5LW
Tel: 029 2074 1000 Fax: 029 2074 1047
Email: info@clybiauplantcymru.org
Website: www.clybiauplantcymru.org
A company limited by guarantee (204294)
Registered Charity 1042850



SIBS

SUPPORTING BROTHERS AND SISTERS OF PEOPLE WHO HAVE SUBSTANCE MISUSE ISSUES.

LIVING with a sibling who has a drug or alcohol problem can be a worrying and stressful time for any young person. Home can become a place of uncertainty where arguments, fear and worry cast a constant cloud over the family, leaving little room for normal life or space to get away from the problem. Dealing with a sibling's addiction can be overwhelming, but a service called SIBS now offers hope to many young people affected by the drug or alcohol misuse of a brother and sister.

WHAT IS SIBS?

Set up by DAFS, Drug and Alcohol Family Support, which has offered help to nearly 1900 families across Gwent affected by substance misuse in the past eleven years, SIBS is a one to one structured counselling service just for brothers and sisters aged 10-18 years old and recognises their importance in the family and their need for support.

Based at Swffryd Clinic, Walters Avenue, Swffryd, this service also offers outreach sessions which can take place at school or at venues close to the young person's home where they will feel comfortable in familiar surroundings.

HOW CAN I ACCESS SIBS? Young people can engage with SIBS by contacting the service themselves or an adult they trust can get in touch on their behalf, this could be a parent, youth worker, teacher etc. Referrals can be made by telephone or in writing.

WHAT CAN SIBS OFFER? SIBS offers young people affected by the substance misuse of a sibling with support, the opportunity to speak openly and in confidence about worries or problems they may be dealing with and the chance to learn skills to cope with how they may be feeling about what is going on.

SIBS works hard to ensure all young people feel welcome, feel safe and feel able to talk about their situation, building a relationship of trust with that young person is a huge priority.

Although SIBS is a counselling service, the team recognise that every young person is different and may respond to different methods of engagement depending on their age and their individual circumstances. Some young people will feel confident and want to talk openly, others may take a little longer to build up trust.

The service is based on one to one counselling but younger members may be able to express themselves better through creative sessions and fun activities- staff are committed to finding the method that works best for each young person.

SIBS is a free counselling service available across Caerphilly and also Blaenau Gwent, based at Swffryd Clinic, Walters Avenue, Swffryd, NP11 5HT

To contact SIBS or find out more about the service telephone 01495 240824

The Safer Caerphilly Community Safety Partnership is a multi-agency organisation whose key statutory partners are Caerphilly County Borough Council, Gwent Police, South Wales Fire and Rescue Service, Gwent Police Authority, Aneurin Bevan Health Board and Wales Probation Trust. It works to reduce levels of crime, disorder, anti-social behaviour, substance misuse and fear of crime levels in the local area.

‘YOUR WAY’ Project—National Play Day marked in Caerphilly County Borough



The YOUR WAY Project from Bargoed YMCA held their 3rd National Play Day on Wednesday 3rd August on the Capel Field in Gilfach, Bargoed. Over 500 people attended the event which was full of fun play activities from face painting, rugby skills with ex Blues and WRU Player - Duane Goodfield, football skills, art and craft, graffiti - spray paint art, planting fruit and vegetables, rides through the country park and dressing up. The Police and Fire Service were also there with the portable police station.

Comments from agencies involved this year were positive and noted its success. “The play day was amazing .The team really enjoyed it and the children seemed to be having so much fun” Lucy- GAVO Play Team

“The event was a great success and a credit to everyone involved! It was great fun with people and of course all the children running around. And the glorious weather only added to the days sparkle” Emma – Communities First

Above & below are just some of the pictures taken on the day, showing the kids having a fantastic time!

